

# EDUCATIONAL PLAN 1/3

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Address: Entheos Holistic Therapies  
14, Clover Croft, Brooklands, Sale, Greater Manchester, M33 3PU

Before you have your modules in Manchester, you need to go through 5 E-learning subjects. You can access them when you have paid for the education. After each subject you will receive a questionnaire, you need to answer. 66% of your answers must be correct to pass the subject.

The first E-learning subject are:

**Subject 1:** Reflexology, history - The principles of reflexology - How do imbalances appear in dogs? - Dog reflexology contra human reflexology - How does reflexology work? – Research - Causes of imbalances and diseases – Contraindications - Reactions during and after reflexology - Anatomy of the paws and location of the reflex areas - Before a reflexology treatment - How to do reflexology - The technique on the paws - Starting the treatment - Ending the treatment - Lotion and oil - Reflex areas.

**Subject 2:** The brain – Hypothalamus – Thalamus – The pineal gland – The pituitary – The Medulla oblongata – The sinuses/frontal sinuses – Ears – Eyes – Nose – Mouth - The eustachian tube - Lacrimal canaliculi - The urinary system.

**Subject 3:** The big cardiovascular system - the lesser circulation - The lungs and the bronchi – trachea – lung diseases e.g lungworm, pneumonia, cough - The lymphatic system/immune system: Lymphatic vessels, leucocytes, lymphocytes, the red bone marrow, adrenals, thymus, appendix, the thoracic duct, diseases of the immune system, e.g allergy

**Subject 4:** The function and structure of the nervous system, the neuron, sympaticus and parasympathicus, spinal nerves, dermatomes, myotomes, the vagus nerve, the trigeminal nerve, the sciatica nerve, solar plexus The digestive system, food allergy, food intolerance, diseases in the digestive system.

**Subject 5:** TCM: Yin and yang, the 5 elements and their the aspects, the dog's spiritual aspects, souls and behavior, the Chinese watch

## **27th Octobre 2018:**

### **Day 1 in Manchester – 7 hours**

The reflex areas of the head  
The reflex areas of the urinary system  
Students practice  
The reflex areas of the respiratory system  
The reflex areas of the lymphatic system/immune system  
Students practice  
Teacher: Vivian Birlie

## **28th Octobre 2018:**

### **Day 2 in Manchester – 7 hours**

The reflex areas of the nervous system  
The reflex areas of the detox system  
Students practice  
The reflex areas of the digestive system  
The reflex areas of the cardiovascular system  
Students practise  
Teacher: Vivian Birlie

# EDUCATIONAL PLAN 2/3

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The next E-learning subjects you now need to take before the next lessons in Manchester are:

**Subject 6:** The cardiovascular system (The circulatory system), the structure and function of the heart, blood vessels, portal venous system, heartworm, heart diseases

The hormone system: Hormones, fertility and reproductive organs, the thyroid and parathyroids, adrenals, pancreas, mammary glands

The skeletal system/the muscle system, the spine, bones and function, musculoskeletal disorders

**Subject 7:** Muscles controlled by the organs, Blood, Qi

**Subject 8:** The organs' function according to TCM

**5th January 2019:**

**Day 3 in Manchester – 7 hours**

The reflex areas of the hormone system

The reflex areas of the skeletal system/the muscle system

Students practice

Reflexology records

The meridians

Students practice meridians and acupressure points

*Teacher: Vivian Birlie*

**6th January 2019:**

**Day 4 in Manchester – 7 hours**

The meridians

Students practice the new meridians and acupressure points

Students practice all the systems and the meridians and their acupoints

Cases – groups and whiteboard

*Teacher: Vivian Birlie*

**2th Marts 2019**

**Day 5 in Manchester – 7 hours**

Face reflexology

Students practice. We are going through the exam case, which you must hand in within one week after the written exam

Summary of diagnosis methods (TCM) and how to treat

Students practice all the systems and the meridians and their acupoints

*Teacher: Vivian Birlie*

**3th Marts 2019**

**Day 6 in Manchester – 7 hours**

We are going through cases,

Summary of diagnosis methods (TCM) and how to treat. Repetition.

Students practice all the systems and the meridians and their acupoints

*Teacher: Vivian Birlie*

# EDUCATIONAL PLAN 3/3

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The next E-learning subjects you now need to take are:

**Subject 9:** Homeopathy and Bach's flower remedies

**Written exam:** multiple choice questions and questions where you have to explain your answers.

You need to be on the internet to get the exam questions and after 3 hours, you send your answers to us by email.

**Your exam case:** must be handed to us by mail within a week after the written exam or earlier

**Oral examination in Denmark:** only if you have passed the written exam. You shall present your exam case and you will be examined in the syllabus.

The oral examination is about one month after the written exam.

*We reserve the right to make changes to this plan, which will be notified to the student as soon as possible.*

Written exam: 7th April 2019 - 12 PM- 15PM, at your own place

Oral exam: 4th May

Your exam case: must be handed to us by mail within a week after the written exam – that means the 14th April 2019 or earlier